



# Honey Mojito



A refreshing, refined sugar free take on your classic Mojito, Developed by Accredited Practicing Dietitian and Accredited Nutritionist, Joel Feren.

👤 Skill Level	Easy	Energy	484kj	Carbohydrate	27g
🕒 Cooking Time	5 mins	Protein	1g	Sugars	26g
👤 Servings	1	Fat	0g	Fibre	2g
		Saturated Fat	0g	Sodium	75mg

## INGREDIENTS

Ingredients:

- ½ cup Capilano honey
- 2 tbsp. water
- ¼ lime
- 4 mint leaves
- 3x 2cm x 2cm pieces of honeydew
- 1 cup soda water

## INSTRUCTIONS

- 1 Add honeydew, mint and lime to a highball glass. Use a muddler to crush the mint, lime and honeydew.
- 2 Add 1 tbsp. honey (Optional: warm honey to help it mix in better).
- 3 Add soda water and ice to serve.